



NOTICE TO THE POPULATION

RURAL FIRE DANGER – PREVENTIVE MEASURES

I. SITUATION

The Portuguese Institute of the Sea and Atmosphere (IPMA) predicts the continuation of hot and dry weather, highlighting:

- Maximum temperature values in the order of 40°C, being able to reach values close to 42°C in the interior regions on time;
- Relative Air Humidity (HRA) below 30%, with poor night recovery;
- Wind from the north quadrant increasing in intensity, especially on the 17th and 18th, with gusts up to 65km/h in the mountains of the Centro region and the Algarve mountains;
- **Very High Rural Fire Danger to Maximum inland North and Centre, Alto Alentejo and in the Algarve region.**

Follow weather information at www.ipma.pt

2. EXPECTABLE EFFECTS

Increased risk of fire, with conditions favourable for the eventual occurrence and spread of rural fires, as well as the increase in the difficulty of suppression actions, especially in the interior North and Central, Alto Alentejo and the Algarve.

3. PREVENTIVE MEASURES

The National Emergency and Civil Protection Authority (ANEPC) reminds that, according to the legal provisions in force, on days of Very High and Maximum Fire Risk is PROHIBITED:

- Conduct Extensive Burning;
- Do burning of cut and piled waste;
- Use fire for food processing throughout rural areas, unless used outside critical areas and in places properly authorized for effect;
- To spray or disinfect apiaries;
- Use rotors, bush trimmers and crushers, all equipment with exhaust without a flame extinguisher, cutting equipment, such as chainsaws or cutters, or the operation of mechanical methods which, in their action with minerals or artificial elements, generate sparks or heat.





The ANEPC recommends the appropriate behaviours and attitudes in the face of the rural fire hazard situation, namely the adoption of the necessary prevention and precautionary measures, in accordance with current legislation, and paying special attention to the evolution of fire hazard in this period.

Follow the fire hazard development for the next few days at www.icnf.pt at www.ipma.pt or at Municipal Civil Protection Services and Fire Departments.

4. HOW TO PROTECT YOUR HEALTH FROM THE HEAT - RECOMMENDATIONS

To protect oneself from the heat, ANEPC reinforces the importance of:

- Increase water intake, at least 1.5 liters/day equivalent to 8 glasses;
- Apply sunscreen with a factor higher than 30, every 2 hours;
- Wear a hat and light, baggy and cool clothes;
- Opt for light and fresh meals;
- Refresh yourself with water throughout the day;
- Pay special attention to the chronic ill, children and the elderly.

Heat: DGS Recommendations at: www.dgs.pt

ANEPC | Communication and Awareness Division

