



NOTICE TO THE POPULATION

RURAL FIRE DANGER – PREVENTIVE MEASURES

I. SITUATION

The Portuguese Institute of the Sea and Atmosphere (IPMA) predicts the continuation of hot and dry weather, highlighting:

- Increased temperature, with maximum temperatures reaching values close to 40° C and, locally 42° C;
- Relative Air Humidity (HRA) below 30%, with poor night recovery;
- Wind intensifying from the 12th;
- **Very High Rural Fire Danger to Maximum inland North and Centre and in the Algarve.**

Follow weather information at www.ipma.pt

2. EXPECTABLE EFFECTS

Increased risk of fire, with conditions favourable for the eventual occurrence and spread of rural fires, as well as the increase in the difficulty of suppression actions, especially in the interior North and Central and Algarve.

3. PREVENTIVE MEASURES

The National Authority for Emergency and Civil Protection (ANEPC) recalls that according to the legal provisions in force:

- It is **PROHIBITED** to do Extensive Burning **WITHOUT AUTHORIZATION**. Report at your city hall or by calling 808 200 520;
- On the days of Very High and Maximum Fire Risk **IT IS PROHIBITED** to do Burning of Heaps **WITHOUT AUTHORIZATION** or **WITHOUT PRIOR COMMUNICATION**. Report at your City Hall or by calling 808 200 520;
- On days of Very High and Maximum Fire Risk it is **PROHIBITED** to use fire for food preparation throughout rural areas, unless used outside critical areas and in places properly authorized for the effect;
- On the days of Very High and Maximum Fire Risk It is **PROHIBITED** to spray or disinfect in apiaries unless the sprayers have foul-retention devices;





- On the days of Very High and Maximum fire risk it is PROHIBITED to use crushers, bush trimmers and destroyers. Avoid the use of metal blades;

The ANEPC recommends the appropriate behaviours and attitudes in the face of the rural fire hazard situation, namely the adoption of the necessary prevention and precautionary measures, in accordance with current legislation, and paying special attention to the evolution of fire hazard in this period.

Follow the fire hazard development for the next few days at www.icnf.pt at www.ipma.pt or at Municipal Civil Protection Services and Fire Departments.

4. HOW TO PROTECT YOUR HEALTH FROM THE HEAT - RECOMMENDATIONS

To protect oneself from the heat, ANEPC reinforces the importance of:

- Increase water intake, at least 1.5 liters/day equivalent to 8 glasses;
- Apply sunscreen with a factor higher than 30, every 2 hours;
- Wear a hat and light, baggy and cool clothes;
- Opt for light and fresh meals;
- Refresh yourself with water throughout the day;
- Pay special attention to the chronic ill, children and the elderly.

Heat: DGS Recommendations at: www.dgs.pt

ANEPC | Communication and Awareness Division

