



## NOTICE TO THE POPULATION

### RURAL FIRE DANGER – PREVENTIVE MEASURES

#### I. SITUATION

The Portuguese Institute of the Sea and Atmosphere (IPMA) predicts a worsening of weather conditions associated with hot and dry weather for the next few days, highlighting:

- Increase in maximum temperatures, with values reaching 40°C, in several regions of the territory;
- Humidity Relative air humidity below 30%, in most parts of the territory, with slight night recovery;
- Strong wind in the highlands, with gusts up to 70 km/h;
- **Rural fire danger VERY HIGH to MAXIMUM in the territory's generality.**

Follow weather information at [www.ipma.pt](http://www.ipma.pt)

#### 2. EXPECTABLE EFFECTS

Increased fire danger, with conditions favorable for the eventual occurrence and spread of rural fires, as well as the increase in the difficulty of suppression actions, especially in the regions of the interior North, Central and Algarve.

#### 3. PREVENTIVE MEASURES

The National Emergency and Civil Protection Authority (ANEPC) recalls that, according to the legal provisions in force:

- Extensive Burning is PROHIBITED;
- On the days of VERY HIGH to MAXIMUM fire danger it is PROHIBITED to do burning of heaps;
- On the days of Very High and Maximum Fire Danger it is PROHIBITED to use fire for food preparation throughout the rural area, unless used outside the critical areas and in places properly authorized for the effect;
- On the days of Very High and Maximum fire danger it is PROHIBITED to fumigate or disinfect in apiaries unless the fumigators have fire-retention devices;
- On the days of Very High and Maximum fire danger, it is PROHIBITED to use crushers, bush trimmers and destroyers. Avoid the use of record stands.





The ANEPC recommends the appropriate behaviours and attitudes in the face of the rural fire hazard situation, namely the adoption of the necessary prevention and precautionary measures, in accordance with current legislation, and paying special attention to the evolution of fire hazard in this period.

Follow the fire hazard development for the next few days at [www.icnf.pt](http://www.icnf.pt) at [www.ipma.pt](http://www.ipma.pt) or at Municipal Civil Protection Services and Fire Departments.

#### **4. HOW TO PROTECT YOUR HEALTH FROM THE HEAT - RECOMMENDATIONS**

To protect oneself from the heat, ANEPC reinforces the importance of:

- Increase water intake, at least 1.5 liters/day equivalent to 8 glasses;
- Apply sunscreen with a factor higher than 30, every 2 hours;
- Wear a hat and light, baggy and cool clothes;
- Opt for light and fresh meals;
- Refresh yourself with water throughout the day;
- Pay special attention to the chronic ill, children and the elderly.

Heat: DGS Recommendations at: [www.dgs.pt](http://www.dgs.pt)

#### **ANEPC | Communication and Awareness Division**

