



NOTICE TO THE POPULATION

RURAL FIRE DANGER – PREVENTIVE MEASURES

I. SITUATION

The Portuguese Institute of the Sea and Atmosphere (IPMA) predicts a worsening of weather conditions associated with hot and dry weather for the next few days, highlighting:

- Increase in maximum temperatures, with values above 40°C, in several regions of the territory;
- Relative humidity below 30%, in most of the mainland, without recovery at night time;
- Strong wind in the highlands of the North, Centro, Alto Alentejo and the Algarve mountains, with gusts up to 80 km/h;
- **Rural fire danger VERY HIGH to MAXIMUM throughout the territory.**

Follow weather information at www.ipma.pt

2. EXPECTABLE EFFECTS

Worsening fire danger, with conditions favorable for the eventual occurrence and spread of rural fires, as well as the increase in the difficulty of suppression actions, in the generalness of the continental territory.

3. PREVENTIVE MEASURES

The National Emergency and Civil Protection Authority (ANEPC) recalls that, according to the legal provisions in force:

- Extensive Burning is PROHIBITED;
- On the days of VERY HIGH to MAXIMUM fire danger it is PROHIBITED to do burning of heaps;
- On the days of Very High and Maximum Fire Danger it is PROHIBITED to use fire for food preparation throughout the rural area, except in places specifically authorized;
- On the days of Very High and Maximum fire danger it is PROHIBITED to fumigate or disinfect in apiaries unless the fumigators have fire-retention devices;
- On the days of Very High and Maximum fire danger, it is PROHIBITED to use crushers, bush trimmers and destroyers. Avoid the use of record stands.





The ANEPC recommends the appropriate behaviours and attitudes in the face of the rural fire hazard situation, namely the adoption of the necessary prevention and precautionary measures, in accordance with current legislation, and paying special attention to the evolution of fire hazard in this period.

Follow the fire hazard development for the next few days at www.icnf.pt at www.ipma.pt or at Municipal Civil Protection Services and Fire Departments.

4. HOW TO PROTECT YOUR HEALTH FROM THE HEAT - RECOMMENDATIONS

To protect oneself from the heat, ANEPC reinforces the importance of:

- Increase water intake, at least 1.5 liters/day equivalent to 8 glasses;
- Apply sunscreen with a factor higher than 30, every 2 hours;
- Wear a hat and light, baggy and cool clothes;
- Opt for light and fresh meals;
- Refresh yourself with water throughout the day;
- Pay special attention to the chronic ill, children and the elderly.

Heat: DGS Recommendations at: www.dgs.pt

ANEPC | Communication and Awareness Division

