

#### NOTICE TO THE POPULATION

# **RURAL FIRE DANGER – PREVENTIVE MEASURES**

#### I. SITUATION

The Portuguese Institute of the Sea and Atmosphere (IPMA) predicts, for the next few days, hot dry weather, highlighting:

- Increased temperature, with maximum temperatures reaching values close to 40° C and, locally 42° C;
- Relative Air Humidity (HRA) below 30%, with poor night recovery;
- Increased wind intensity from July 24th, especially from the afternoon onwards;
- Very High Rural Fire Danger to Maximum inland North and Centre and in the Algarve.

Follow weather information at www.ipma.pt

#### 2. EXPECTABLE EFFECTS

Increased risk of fire, with conditions favourable for the eventual occurrence and spread of rural fires, as well as the increase in the difficulty of suppression actions, especially in the interior North and Central and Algarve.

### 3. PREVENTIVE MEASURES

The National Authority for Emergency and Civil Protection (ANEPC) recalls that according to the legal provisions in force:

- It is PROHIBITED to do Extensive Burning WITHOUT AUTHORIZATION. Report at your city hall or by calling 808 200 520;
- On the days of Very High and Maximum Fire Risk IT IS PROHIBITED to do Burning of Heaps WITHOUT AUTHORIZATION or WITHOUT PRIOR COMMUNICATION. Report at your City Hall or by calling 808 200 520;
- Take special care when driving and staying near tree-lined areas, being aware of the possibility of falling branches and trees due to stronger winds;
- On days of Very High and Maximum Fire Risk it is PROHIBITED to use fire for food preparation throughout rural areas, unless used outside critical areas and in places properly authorized for the effect;









- On the days of Very High and Maximum Fire Risk It is PROHIBITED to spray or disinfect in apiaries unless the sprayers have foul-retention devices;
- On the days of Very High and Maximum fire risk it is PROHIBITED to use crushers, bush trimmers and destroyers. Avoid the use of metal blades;

The ANEPC recommends the appropriate behaviours and attitudes in the face of the rural fire hazard situation, namely the adoption of the necessary prevention and precautionary measures, in accordance with current legislation, and paying special attention to the evolution of fire hazard in this period.

Follow the fire hazard development for the next few days at www.icnf.pt at www.ipma.pt or at Municipal Civil Protection Services and Fire Departments.

# 4. HOW TO PROTECT YOUR HEALTH FROM THE HEAT - RECOMMENDATIONS

To protect oneself from the heat, ANEPC reinforces the importance of:

- Increase water intake, at least 1.5 liters/day equivalent to 8 glasses;
- Apply sunscreen with a factor higher than 30, every 2 hours;
- Wear a hat and light, baggy and cool clothes;
- Opt for light and fresh meals;
- Refresh yourself with water throughout the day.

All the recommendations from the General Directorate of Health to protect yourself from the heat at: www.dgs.pt

## **ANEPC | Communication and Awareness Division**





