



NOTICE TO THE POPULATION

RURAL FIRE DANGER – PREVENTIVE MEASURES

I. SITUATION

The Portuguese Institute of the Sea and Atmosphere (IPMA) predicts hot and dry weather, highlighting:

- Increase in temperature, with maximum temperatures reaching over 40°C;
- Relative Air Humidity (HRA) below 30%, in most parts of the territory, with poor night recovery;
- **Very High Rural Fire Danger to Maximum in the North, Central and Algarve regions.**

Follow weather information at www.ipma.pt

2. EXPECTABLE EFFECTS

Increased rural fire danger, with conditions favourable for the eventual occurrence and spread of rural fires, as well as the increase in the difficulty of suppression actions, especially in the North, Central and Algarve regions.

3. PREVENTIVE MEASURES

The National Emergency and Civil Protection Authority (ANEPAC) reminds that, according to the legal provisions in force, on days of Very High and Maximum Rural Fire Danger is PROHIBITED:

- Conduct Extensive Burning;
- Do burning of cut and piled waste;
- Use fire for food processing throughout rural areas, unless used outside critical areas and in places properly authorized for effect;
- To spray or disinfect apiaries;
- Use rotors, bush trimmers and crushers, all equipment with exhaust without a flame extinguisher, cutting equipment, such as chainsaws or cutters, or the operation of mechanical methods which, in their action with minerals or artificial elements, generate sparks or heat.





The ANEPC recommends the appropriate behaviours and attitudes in the face of the rural fire hazard situation, namely the adoption of the necessary prevention and precautionary measures, in accordance with current legislation, and paying special attention to the evolution of fire hazard in this period.

Follow the fire hazard development for the next few days at www.icnf.pt at www.ipma.pt or at Municipal Civil Protection Services and Fire Departments.

4. HOW TO PROTECT YOUR HEALTH FROM THE HEAT - RECOMMENDATIONS

To protect oneself from the heat, ANEPC reinforces the importance of:

- Increase water intake, at least 1.5 liters/day equivalent to 8 glasses;
- Apply sunscreen with a factor higher than 30, every 2 hours;
- Wear a hat and light, baggy and cool clothes;
- Opt for light and fresh meals;
- Refresh yourself with water throughout the day;
- Pay special attention to the chronic ill, children and the elderly.

Heat: DGS Recommendations at: www.dgs.pt

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